

The University's Employee Assistance Provider: Health Assured

Health Assured, the UK's leading wellbeing provider, is available for all University staff, their partners and dependants.

This is an invaluable tool for help on a range of issues such as access to counselling, legal information, bereavement support, medical information and online Cognitive Behavioural Therapy.

A wellbeing app and portal also offers Live Chat and virtual wellbeing articles and guides.

Visit [Health Assured | Staff Gateway \(ox.ac.uk\)](#) for further information.

The logo for Health Assured, featuring the words "health" and "assured" in a white, lowercase, sans-serif font on a teal background. A white smiley face icon is positioned between the two words, with its top curve under the "h" and its bottom curve under the "a".

health assured

New guidance for supporting employees going through pregnancy loss

New guidance for supporting employees going through [pregnancy loss](#) has been added to the HR Support website (this is separate to the [family leave guidance](#)).

The loss of a baby through miscarriage or still birth can have a major impact on the health and wellbeing of both parents. This guidance is intended to help managers provide appropriate practical and emotional support for an employee affected by pregnancy loss, including sources of support. For more information, [visit the HR Support website](#)